



# IMPORTANT ADVANCES IN REGENERATIVE MEDICINE. A VISION TO THE FUTURE OF OPHTHALMOLOGY

AVANCES IMPORTANTES EN MEDICINA REGENERATIVA. UNA VISIÓN AL FUTURO DE LA OFTALMOLOGÍA

Rafael Iván Hernández <sup>1,2</sup>, Eduardo Alan Borobio Gude <sup>2,3</sup>, Catherine Suárez Egóaval <sup>1,2</sup>,  
Jhony A. De La Cruz Vargas <sup>1,2</sup>

EDITORIAL

The treatment of corneal lesions continues to be a topic of great interest. However, despite the development of new technologies and due to the slow evolution and uncertain healing of corneal lesions, they still represent a public health problem since patients can be affected for life, affecting the family and the health system due to the costly and uncertain response to treatment. For this reason, the need arises to seek therapeutic alternatives to treat these patients.

Cellular therapy based on bioactive molecules, scaffolds, and stem cells is a rescue treatment for lesions with a torpid evolution. We must be present in the current context, where regenerative medicine today is changing the perspective of the traditional concept of "fighting the disease" and the increasingly actionable paradigm of "restoring health"<sup>(1)</sup>. Currently, we dare to say that there is no important educational Medical Institution that does not have a team dedicated to research in this area (Figure 1), since, although we can indeed generate bioactive molecules through manufacturing and scaffolding with 3D technology, cells are the high point within this triad<sup>(2)</sup>. (Figure 2).

<sup>1</sup> Instituto de investigaciones en ciencias Biomédicas. Facultad de Medicina Humana, Universidad Ricardo Palma. Lima, Perú.

<sup>2</sup> Instituto peruano de ingeniería celular y manufactura tisular A.C. – INGECEL. Lima, Perú

<sup>3</sup> Oftalmología avanzada S.R.L. Lima, Perú.

Cite as: Hernández RI, Borobio Gude EA, Suárez Egóaval C, De La Cruz Vargas JA. Important advances in regenerative medicine. A vision to the future of ophthalmology. Rev Fac Med Hum. 2022;22(4):12-14. [doi:10.25176/RFMH.v23i1.5534](https://doi.org/10.25176/RFMH.v23i1.5534)

Journal home page: <http://revistas.urp.edu.pe/index.php/RFMH>

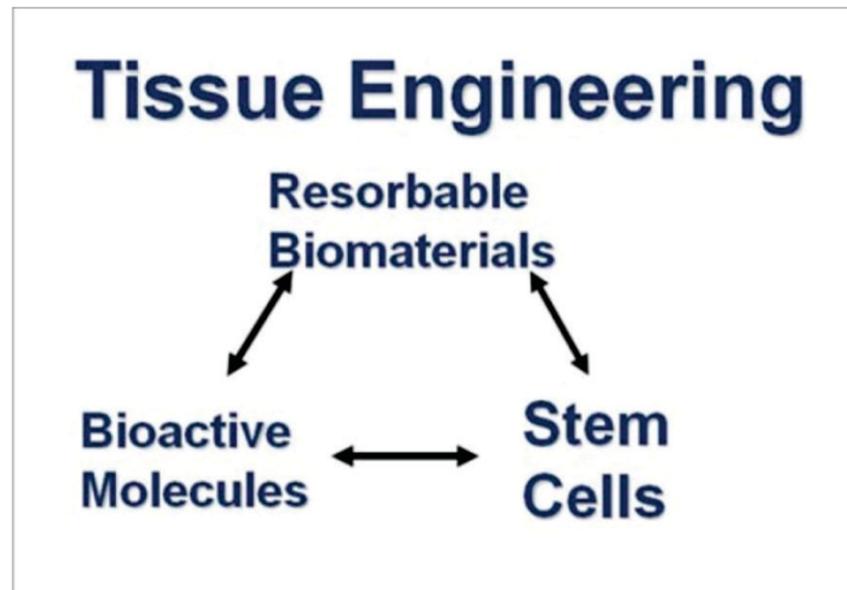
Article published by the Magazine of the Faculty of Human Medicine of the Ricardo Palma University. It is an open access article, distributed under the terms of the Creative Commons License: Creative Commons Attribution 4.0 International, CC BY 4.0 (<https://creativecommons.org/licenses/by/4.0/>), that allows non-commercial use, distribution and reproduction in any medium, provided that the original work is duly cited. For commercial use, please contact revista.medicina@urp.pe





EDITORIAL

**Figure 1.** Leading global educational institutions have stem cell research institutes.



**Figure 2.** Stem cells are the pinnacle of the tissue engineering triad. Taken from George K. B. Sándor. Tissue engineering of bone: Clinical observations with adipose-derived stem cells, resorbable scaffolds, and growth factors. Ann Maxillofac Surg. 2012 Jan-Jun; 2(1): 8–11.





In this sense, the Universidad Ricardo Palma is no stranger to these advances; and it is that, through the Instituto de Investigaciones en Ciencias Biomédicas (INICIB), articulated with other faculties and national and international health institutions, it has been developing protocols, processes pre-clinical and clinical studies within its tissue engineering laboratories for 4 years.

After working with autologous bioactive molecules, it was possible, under research protocols, to recover traumatic corneal lesions initially in rabbits<sup>(3)</sup> and later in humans<sup>(4)</sup>.

Nowadays, at the INICIB of the Universidad Ricardo Palma, using state-of-the-art technology and with adequate human resources for these purposes (RENACYT-CONCYTEC researchers), we are taking an important step by leading a pilot study of clinical experience with the objective of determining the clinical efficacy of the systematic use of CD34+ and CD

105+ stem cells from autologous bone marrow in the repair of traumatic lesions of the corneal surface that are candidates for corneal transplantation.

This pilot clinical experience study measured best-corrected visual acuity on admission using slit-lamp biomicroscopy, corneal optical coherence tomography, and fluorescence testing. Mononuclear cell eye drops obtained and isolated from bone marrow with a CD 34+ cell count greater than 900cel/um and by flow cytometry were applied to all of them under protocol.

We can say that the recovery of vision, in this preliminary progress, measured with the tests described, has been satisfactory and promising without the need for a transplant or any subsequent bloody procedure. This work is the product of a project financed by the INICIB - Universidad Ricardo Palma and the ophthalmology institutes involved, where we formally set a precedent for the preliminary results that support us.

**Correspondence:** Dr. Rafael Iván Hernández.

**Address:** INICIB, Facultad de Medicina Humana, Edificio I-208. 2do piso. Avenida Benavides 5440, Surco, Lima-Perú.

**Telephone number:** 708-0000 / Anexo: 6016

**E-mail:** ivan.hernandez@urp.edu.pe

## REFERENCES

- Terzic A, Harper CM Jr, Gores GJ, Pfenning MA. Regenerative medicine blueprint. *Stem Cells Dev*. 2013;22 Suppl 1:20-24. doi:10.1089/scd.2013.0448. <https://www.doi.org/10.1089/scd.2013.0448>
- George K. B. Sándor. Tissue engineering of bone: Clinical observations with adipose-derived stem cells, resorbable scaffolds, and growth factors. *Ann Maxillofac Surg*. 2012 Jan-Jun; 2(1):8-11. Disponible en: <https://www.doi.org/10.4103/2231-0746.95308>
- Hernández-Patiño I., Rossani G., Borobio E., Talavera E., Quiñones M. Pilar, Rozas LL. R. et al. Efecto reparador del suero autólogo en lesiones corneales producidas por agentes químicos. Ensayo preclínico aleatorio a doble ciego en conejos. *Rev. Invest. Vet. Perú* [Internet]. 2021 Nov [citado 2023 Feb 03]; 32(6):e20425. Disponible en: [http://www.scielo.org.pe/scielo.php?script=sci\\_arttext&pid=S1609-91172021000600003&lng=es. Epub 05-Oct-2021](http://www.scielo.org.pe/scielo.php?script=sci_arttext&pid=S1609-91172021000600003&lng=es. Epub 05-Oct-2021) <http://dx.doi.org/10.15381/rivep.v32i6.20425>
- Borobio E, Hernández-Patiño I, Rossani G, López E, Talavera E, De la Cruz J. Utilidad del suero autólogo en lesiones de superficie ocular de evolución incierta. Evaluación clínica e imagenológica. *Horiz Med* [Internet]. 1 de julio de 2021 [citado 4 de febrero de 2023]; 21(3):e1367. Disponible en: <https://www.horizontemedico.usmp.edu.pe/index.php/horizontemed/article/view/1367>